



The Child Nutrition Program is currently accepting applications for Substitute and Child Nutrition Bus Driver positions. **Please contact Deborah Smith at 704-476-8140 for more informa-**

National Nutrition Month - "Nutrition From the Ground Up"

Your child's meals may be pre-paid online. Visit www.lunchprepay.com or contact the Child Nutrition Office for details at 704-476-8129.

<p>1 Super Donut</p> <p>Hot Dog w/ Chili Baked Beans, Corn, Creamy Cole Slaw, Sliced Peaches, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Spicy Chicken Fillet Sandwich, Chef Salad w/ Crackers, Fresh Veggie Cup w/ Dip, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>2 Breakfast Pizza</p> <p>Spaghetti w/ Meat Sauce & Breadstick Green Beans, Garden Salad, Diced Pineapple, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>3 Chicken Biscuit</p> <p>Meat Loaf w/ Roll Mashed Potatoes, Peas and Carrots, Creamy Cole Slaw, Pears, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit, Fresh Veggie Cup w/ Dip</p>	<p>4 Pancake & Sausage on a Stick</p> <p>Popcorn Chicken w/ Breadstick Steamed Broccoli, Garden Salad, Diced Pineapple, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>5 Sausage Biscuit</p> <p>Macaroni & Cheese w/ Ham & Corn Muffin Turnip Greens, Cole Slaw, Baked Apples, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>
<p>8 Super Donut</p> <p>Grilled Cheese Sandwich Chicken Noodle Soup, Garden Salad, Applesauce, Fresh Fruit, Crackers</p> <p>Choice of Pizza, Cheeseburger, Spicy Chicken Fillet Sandwich, Chef Salad w/ Crackers, Fresh Veggie Cup w/ Dip, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>9 Breakfast Pizza</p> <p>Baked Potato w/ Meat Stuffing & Roll Steamed Broccoli, Spinach Salad, Pears, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>10 Chicken Biscuit</p> <p>Chicken BBQ Sandwich Baked Beans, Cole Slaw, Sliced Peaches, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit, Fresh Veggie Cup w/ Dip</p>	<p>11 Pancake & Sausage on a Stick</p> <p>Baked Chicken w/ Roll Glazed Sweet Potatoes, Green Beans, Pineapple & Cherry Fruit Cup, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>12 Sausage Biscuit</p> <p>Chicken Fajita w/ Salsa & Cheese Salad Cup, Corn, Pinto Beans, Fruit Cobbler, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>
<p>15 Super Donut</p> <p>Grilled Chicken Sandwich Vegetable Casserole, Green Beans, Lettuce & Tomato, Diced Peas</p> <p>Choice of Pizza, Cheeseburger, Spicy Chicken Fillet Sandwich, Chef Salad w/ Crackers, Fresh Veggie Cup w/ Dip, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>16 Breakfast Pizza</p> <p>Ravioli Casserole w/ Breadstick Steamed Broccoli, Garden Salad, Baked Apples, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>17 Happy St. Patrick's Day!</p> <p>Chicken Biscuit</p> <p>Turkey Wrap w/ Honey Mustard & Dill Pickle Strip Chicken Noodle Soup, Garden Salad, Applesauce, Fresh Fruit, Crackers Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit, Fresh Veggie Cup w/ Dip</p>	<p>18 Pancake & Sausage on a Stick</p> <p>Taco Salad w/ Tortilla Chips Salad Cup, Corn, Pinto Beans, Fruit Cobbler, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>19 Sausage Biscuit</p> <p>Beef Teriyaki w/ Breadstick Mashed Potatoes, Green Peas, Applesauce, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>
<p>22 Super Donut</p> <p>Hot Dog w/ Chili Baked Beans, Corn, Creamy Cole Slaw, Sliced Peaches, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Spicy Chicken Fillet Sandwich, Chef Salad w/ Crackers, Fresh Veggie Cup w/ Dip, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>23 Breakfast Pizza</p> <p>Spaghetti w/ Meat Sauce & Breadstick Green Beans, Garden Salad, Diced Pineapple, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>24 Chicken Biscuit</p> <p>Meat Loaf w/ Roll Mashed Potatoes, Peas and Carrots, Creamy Cole Slaw, Pears, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit, Fresh Veggie Cup w/ Dip</p>	<p>25 Pancake & Sausage on a Stick</p> <p>Popcorn Chicken w/ Breadstick Steamed Broccoli, Garden Salad, Diced Pineapple, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>26 Sausage Biscuit</p> <p>Macaroni & Cheese w/ Ham & Corn Muffin Turnip Greens, Cole Slaw, Baked Apples, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>
<p>29 Super Donut</p> <p>Grilled Cheese Sandwich Chicken Noodle Soup, Garden Salad, Applesauce, Fresh Fruit, Crackers</p> <p>Choice of Pizza, Cheeseburger, Spicy Chicken Fillet Sandwich, Chef Salad w/ Crackers, Fresh Veggie Cup w/ Dip, Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>30 Breakfast Pizza</p> <p>Baked Potato w/ Meat Stuffing & Roll Steamed Broccoli, Spinach Salad, Pears, Fresh Fruit</p> <p>Choice of Pizza, Turkey Wrap, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit</p>	<p>31 Chicken Biscuit</p> <p>Chicken BBQ Sandwich Baked Beans, Cole Slaw, Sliced Peaches, Fresh Fruit</p> <p>Choice of Pizza, Cheeseburger, Chicken Fillet Sandwich, Chef Salad w/ Crackers Lettuce & Tomato, Potato Rounds, Fresh Fruit, Fresh Veggie Cup w/ Dip</p>	<p>Raise Children who Eat Their Veggies!</p> <ol style="list-style-type: none"> 1. Enjoy a variety of veggies yourself 2. Grow a vegetable garden 3. Cut up vegetables for meals and snacks 4. Serve bright, colorful vegetables 5. Be adventurous with vegetables <p>From www.nutritionnc.com</p> <p>Breakfast Prices: \$1.00 Paid, \$.30 Reduced and a la carte Adult</p> <p>Lunch Prices: \$1.55 Paid, \$.40 Reduced and a la carte adult</p> <p>Student meals are priced as a unit, but extra items may be purchased. Skim, 1%, flavored milk & OJ daily.</p>	