

## ELEMENTARY BOOK LIST



## SELF-DISCIPLINE

- Aesop  
*Fables*  
Particularly The Boy and the Nuts, The Goose that Laid the Golden Egg, The Flies and the Honey Pot, and the Frogs and the Well. (K-2)
- Harry Allard  
*Miss Nelson is Missing*  
The kids in room 207 take advantage of their teacher's good nature until she disappears and they are faced with a vile substitute. (K-2)
- Harry Allard  
*Miss Nelson is Back*  
The kids in room 207 dislike their substitute, Miss Viola Swamp. (K-2)
- Gary Paulson  
*Hatchet*  
The sole survivor of a plane crash, 13-year-old Brian, is challenged to survive in the Canadian wilderness. (3-5)
- Alfred Slote  
*Rabbit Ears*  
To become a good pitcher for the baseball team, 15-year-old Tip tries to overcome his sensitivity to the jeers of opponents. (3-5)
- James Marshall  
*The Three Little Pigs*  
Retelling of the familiar tale. (K-2)
- Paul Galdone  
*The Little Red Hen*  
No one wants to help work to make the bread, but everyone wants to eat it. (K-2)
- Ezra Jack Keats  
*John Henry: An American Legend*  
The life of the legendary steel-driving man who was born and who died with a hammer in his hand. (K-2)
- Judith Viorst  
*Alexander, Who Used to Be Rich Last Summer*  
Although Alexander and his money quickly parted, he learns how many things can be done with a dollar. (K-2)
- Stan Berenstain  
*The Berenstain Bears Get the Gimmies*  
Mama and Papa teach the cubs how to deal with greediness by teaching them about the family budget and appreciating what they have. (K-2)
- Arthur Yorinks  
*Hey, Al*  
A janitor and his dog who live in a tiny apartment are offered a new life in paradise by a mysterious bird, but it's not what they expected. (K-2)

- Kevin Henkes *Lilly's Purple Plastic Purse*  
Lilly loves school and wants to show off her purse but in her impatience, she does something she regrets. (K-2)
- Molly Bang *When Sophie Gets Angry-Really, Really Angry*  
A young girl is upset and can't manage her anger, but takes time to cool down to regain her composure. (K-2)
- Stan & Jan Berenstain *The Berenstain Bears and the Bad Habit*  
The bear family help Sister Bear control her bad habit of biting her nails. (K-2)
- William Bennett *The Book of Virtues for Young People*  
A treasury of great inspiring moral stories and poems.
- William Bennett *The Children's Book of Heroes*  
Inspiring tales of people who were brave and disciplined.
- Maggie Smith *Feeling Angry*  
A humorous collection of stories to help children deal with tough situations and emotions. (K-2)
- Eleanor Estes *The Hundred Dresses*  
A young Polish girl teaches her classmates that material possessions don't make the person. (3-5)
- Marc Brown *Arthur's Computer Disaster*  
Arthur disobeys his mother by playing on the computer, which leads to a lesson in taking responsibility. (K-2)
- Audrey Wood *Elbert's Bad Word*  
After shocking guests at a garden party using a bad word, Elbert learns some good substitutes from a helpful wizard. (K-2)
- Sharon Creech *Walk Two Moons*  
After her mother leaves home suddenly, 13-year-old Sal and her grandparents take a car trip retracing her mother's route. (3-5)
- Adolph Moses *Don't Pop Your Cork on Mondays*  
A wonderful book that helps teach children how to deal with stresses of daily life. (K-2)
- Mary Hoffman *Amazing Grace*  
An African American girl wants to play Peter Pan in the school play, though others tell her he's a white boy. (K-2)
- Jonathan London *Hip Cat*  
A boy wants to find fame and fortune as a saxophone player. (K-2)
- Virginia Lee Burton *Mike Mulligan and His Steam Shovel*  
Remaining faithful to his steam shovel against newer engines, Mike digs his way to a surprising ending. (K-2)

- William Steig *Spinky Sulks*  
Although the whole family tries to pamper him, Spinky goes to his hammock to think of a way to give in and still keep his self-respect.(3-5)
- Edna M. Preston *The Temper Tantrum Book*  
A book written in rhyme bringing out issues between parent and child that provoke temper tantrums. (K-2)
- Kathleen C. Szaj *Hurry Up, Harry*  
Harry's dawdling drives his parents crazy, but they promise not to nag him, and he doesn't like the consequences. (K-2)
- Elizabeth Winthrop *Katherine's Doll*  
After quarreling over a doll, two girls realize that people make the best friends. (K-2)
- Dean Myers *Scorpions*  
A tale of poverty and inverted values set in Harlem. (3-5)
- Katherine Paterson *Great Gilly Hopkins*  
An 11-year-old girl who has been in foster homes all her life longs to be with her own mother. (3-5)
- Bartha DeClemants *Tough Loser*  
Jemma tries to help her brother, a star player on the worst hockey team, learn to control his anger and lose graciously. (3-5)
- Karen Hesse *Out of the Dust*  
In a series of poems, 15-year-old Billie Jo relates the hardships of living on an Oklahoma farm during the Depression. (3-5)
- Jean Craighead *My Side of the Mountain*  
A young boy relates his adventures during the year he lived alone in the Catskill Mountains. (3-5)
- Lois Lowry *Anastasia, Absolutely*  
Anastasia puts the wrong package into the mailbox and must figure out what to do to get it back. (3-5)
- Lisa Larrabee *Grandmother Five Baskets*  
A multi-generational story about a Creek Indian girl and her grandmother, who teaches her self-discipline through basket-weaving. (3-5)
- Gershen Kaufman *Stick Up for Yourself: Every Kid's Guide to Personal Power and Positive Self-Esteem*  
A kid's self-help guide to positive thinking and common social issues. (3-5)
- Gina Willner-Pardo *Spider Storch's Teacher Torture*  
A third-grader is sure his antics are the reason his beloved 23-year veteran teacher is retiring, but he becomes zanier as he plots to make her stay. (3-5)

- Henrietta Gambill *The Child's World of Self-Control*  
 Many stories of how children can learn to wait, to share, to be a good loser. (3-5)
- Jane Yolen *Wizard's Hall*  
 Henry's mother tells him what he has to do as he's packed off to Wizard's Hall where he becomes a marshmallow. (3-5)
- Rozanne Marathon *Zan Hagen's Marathon*  
 After setting a record at a cross-country championship, Zan sets her sights on a gold medal at the 1984 Olympics. (3-5)
- Betsy Byars *The Pinballs*  
 Three unwanted kids depend on each other while living in a foster home. (3-5)
- Betsy Byars *The 18th Emergency*  
 When the toughest boy in school swears to kill him, Mouse finds little help from friends and must prepare for the problem alone. (3-5)
- David Adler *A Picture Book of Helen Keller*  
 A brief biography of the woman who overcame her handicaps of being deaf and blind. (3-5)



# Middle School Book List

## Self-discipline

- Avi *Blue Heron*  
A story about growing up and accepting change.
- William Bennett *The Book of Virtues*  
A treasury of great inspiring moral stories and poems.
- William Bennett *The Children's Book of Heroes*  
Inspiring tales of people who were brave and disciplined.
- Matt Christopher *The Comeback Challenge*  
A middle school boy whose parents are divorcing must help his soccer team win.
- Sharon Creech *Walk Two Moons*  
After her mother leaves home suddenly, 13 year-old Sal and her grandparents retrace her mother's steps.
- Jim and Steve Dodson *Kids Little Instruction Book*  
A collection of advice from famous people about growing up.
- Thomas Dyard *Quarterback Walk-on*  
After instant stardom, how to balance dreams with reality.

## Middle School Book List Self-discipline, Continued

O. Henry

***"The Gift of the Magi"***

A wife and husband with little money give each other special Christmas gifts.

Lois Lowry

***Anastasia Absolutely***

A 13 year-old girl tries to deal with a new dog, her school values class, and a moral dilemma.

Walter Dean Myers

***Scorpions***

Tragic influence of gang membership and pressure on a black adolescent.

Shel Silverstein

***The Giving Tree***

Moving parable about the gift of giving and capacity to love.

## HIGH SCHOOL BOOK LIST



## SELF-DISCIPLINE

- James Cross Giblin     *Charles A. Lindbergh: A Human Hero*  
Lucky Lindy became an American hero when he made the first non-stop transatlantic flight, but fell into disgrace after being accused of sympathizing with the Nazis.
- Jean George     *My Side of the Mountain*  
A young boy relates his adventures during the year he spends living alone in the Catskill Mountains including his struggle for survival.
- Alex Haley     *Roots*  
Traces Haley's search for his history of his family from Africa through the era of slavery to the 20th century.
- John Hersey     *Hiroshima*  
Six Hiroshima survivors reflect on the aftermath of the first atomic bomb.
- Karen Hesse     *Out of the Dust*  
Billie Jo tells how her family lived through the Dust Bowl in Oklahoma.
- Robert Hohler     *I Touch the Future*  
The story of Christa McAuliffe and a look at the Challenger tragedy.
- Helen Keller     *The Story of My Life*  
The story of Helen Keller, who was both blind and deaf, and her relationship with her devoted teacher, Anne Sullivan.
- Madeleine L'Engle     *A Ring of Endless Light*  
The fourth book dealing with the Austin family when Vicky confronts love and death.
- Doris Lund     *Eric*  
Eric is a young athlete stricken with leukemia who refuses to give up.
- Betty Smith     *A Tree Grows in Brooklyn*  
Sensitive Francie Nolan grows from childhood to youth in a slum section of Brooklyn.